

LIVING WITH HEMOPHILIA:

PRACTICAL TOOLS TO HELP MANAGE LIFE IN TODAY'S BUSY WORLD

What to Tell the Babysitter

- Provide a brief, calm explanation of hemophilia
 - Leave informational brochure
- Detailed list of your contact information
- Signs and symptoms of bleeding
- Explain what to report to you
- Approved safe activities for the children
- Reassure that you will return quickly if needed

